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## CONFIDENTIAL INTAKE FORM

Welcome. I look forward to working with you. This form requests information about you and/or your family that will help me plan your care. If you have any questions please feel free to discuss them with me.

Please print and complete legibly.

### General Information

Name: \_\_\_\_\_ Social Security #: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_ Marital Status: \_\_\_\_\_  
Children's Names and Ages: \_\_\_\_\_  
Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_  
Home/Cell: (\_\_\_\_) \_\_\_\_\_ Work Phone: \_\_\_\_\_

### Medical Information

Date of last physical: \_\_\_\_/\_\_\_\_/\_\_\_\_  
Were there any problems found in your last physical? Yes / No  
If yes, please explain: \_\_\_\_\_  
Primary physician's name: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_  
Do you have health insurance? Yes / No If yes, please read the following page.  
Are you currently taking any medications? Yes / No  
If yes, what medications and how long have you been taking them? \_\_\_\_\_  
\_\_\_\_\_

**Areas of Concern:** Please describe your reason(s) for seeking treatment at this time (include date the problem started): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Was there an event that made these issues or problems surface? \_\_\_Y \_\_\_N If yes, please describe:  
\_\_\_\_\_  
\_\_\_\_\_

Do you have any specific goals for treatment? What result(s) do you expect from treatment? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What do you consider to be your strengths? \_\_\_\_\_  
\_\_\_\_\_

Please indicate & rate the severity (1-4) of the following issues or problems you would like to work on in treatment:

<b>NO PROBLEM</b> <b>1</b>	<b>MILD PROBLEM</b> <b>2</b>	<b>MODERATE PROBLEM</b> <b>3</b>	<b>SEVERE PROBLEM</b> <b>4</b>
___ Anger/Temper	___ Eating Disorder	___ Motivation	___ Headaches
___ Depression	___ Body Image	___ Controlling stress	___ Loss of loved one
___ Problems at school/work	___ Anxiety/Panic	___ Lack of friends	___ Loneliness
___ Problems Coping	___ Domestic Violence	___ Financial Problems	___ Legal matters
___ Relationship Issues	___ Concentration	___ Sleep Problems	___ Fears
___ Shopping Addiction	___ Chronic Illness	___ Energy	___ Divorce/Separation
___ Gambling Addiction	___ Sexuality/Sexual issues	___ Family conflict	___ Behavioral problems
___ Drug/alcohol Addiction	___ Obsessive/Compulsive Behavior	___ ADD/ADHD	___ Low Self Esteem
___ Sex/Porn Addiction	___ Childhood Trauma	___ Adult Trauma	___ Parenting Issues

Any other issues not listed \_\_\_\_\_

Have you ever received therapy before today? Yes / No  
If yes, what were your reasons for the previous counseling? \_\_\_\_\_

Who referred you? \_\_\_\_\_ May we thank them? Yes / No  
Church affiliation (if applicable): \_\_\_\_\_

Your therapist may \_\_\_ may not \_\_\_ identify him/herself when he/she calls your work.  
Your therapist may \_\_\_ may not \_\_\_ identify him/herself when he/she calls your home.  
Your therapist may \_\_\_ may not \_\_\_ send you e-mail regarding upcoming seminars, workshops,  
and publications.

Your e-mail address: \_\_\_\_\_

**CONSENT FOR TREATMENT:**

I, \_\_\_\_\_, authorize and request that Creston Davis LMFT to carry out psychological examinations, diagnostic procedures, and/or treatment which now or during the course of my care as a patient are advisable.

I understand that the purpose of any procedure will be explained to me and be subject to my agreement.

I also acknowledge that I have been provided therapist's Disclosure Statement, have had an opportunity to read same, and hereby agree to the terms stated therein, all of which are expressly incorporated into this Consent for Treatment.

I have read and fully understand this Consent for Treatment and I have filled out the above information to the best of my ability.

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Patient (or Parent/Guardian) Name – Printed      Date

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Patient (or Parent/Guardian) Name – Signature      Date

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Patient (Minor) Name – Printed      Date

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Patient (or Parent/Guardian) Name – Signature      Date